

INVITATIONAL CROSS COUNTRY MOOSE FOLLIES

SEPTEMBER 24, 2011

8:20 am

***Kids Run**

2nd grade and under
600 meter

8:30 am

***Kids Run**

3rd & 4th grades
800 meter

8:40 am

***Kids Run**

5th & 6th grades
1000 meter

***Entry fee for Kids Run- \$3.00 per runner
Team rates available**

9:00 am

Girls Division I
Teams High School
5,000 meter

9:35 am

Boys Division I
Teams High School
5,000 meter

10:10 am

High Schools Girls
Individual/J.V.
5,000 meter

10:45 am

High School Boys
Individual/J.V.
5,000 meter

11:20 am

Div II Girls
Teams High School
5,000 meter

11:55 am

Div II boys
Teams High School
5,000 meter

12:30 pm

Girls Division III
Teams High School
5,000 meter

1:05 pm

Boys Division III
Teams High School
5,000 meter

1:40 pm

Jr High Girls
3,300 meter*

2:15 pm

Jr High Boys
3,300 meter*

*** Coaches I suggest if you want to figure out two mile times, subtract 25 seconds from the boys' time and 30 seconds from the girls' time**

!!!TIME SCHEDULE-We will attempt to make up lost time by possibly starting some races a few minutes before the designated start time.

Race Day Registration: Coaches may pick up packets by Gurney Hall (men's dorm) on the west end of the track. The packets will contain the program and the following items:

1. Numbers for every athlete, with safety pins to be worn on the front.
2. Map of the course-all starts will be evident on the map.
3. Starting position
4. Copy of this information sheet.
5. Instructions to runners
6. D-tags that are assigned to each runner.

Team Scoring-Important! All runners in all races will wear a number on the front of their singlet.

****Awards**** There will be many trophies, medals, ribbons and merchandise awards. Given out 45 minutes after the start of the race.

T-Shirts for sale: long sleeve, short sleeve and sweatshirts will be available.

Admission Fee: There will be a \$3.00 charge for spectators.

You may pick up one set of results at the registration window. They will be on the website that afternoon.

Contact information Dory Jenkins 330-471-8300